

Teens & Toddlers: Long-Term Tracking



COUI (UK) tracks Teens & Toddlers graduates on an annual basis from the age of 14, when they start on the project, until they are 20 years old. The retrospective questionnaire is designed in order to assess the efficacy of the Teens & Toddlers programme. The objective is to evaluate the current employment and educational status, as well as pregnancy rates, attitude and behaviour changes of those who graduated from the programme.

Raised Self Esteem and Aspirations

- 91% reported that during the T&T project, they learned that having a good education can give you more choices in life.
- 86% felt that T&T made them more determined to achieve their goals.
- 84% reported that T&T helped them to feel more confident.

Sexual Health and Having a Child

- 91% felt that T&T helped them to understand more about sexual health and the realities of having babies.
- 92% felt that during T&T they learned about sexual health.
- 97% reported that the right age to have a child is 19 years or above.

General Impact

- 86% felt that overall, T&T is effective in encouraging young people to realise their options and not get caught up in negative behaviours.
- 92% agreed that T&T encouraged participants to stay away from people who may get them into trouble.
- The average grade obtained at GCSE level was 6, A-C grades.

Our Success

Employment and Education: 93% of 16 to 18's were in education, employment or training (EET).

Pregnancy Incidents: 97% of participants (at high risk of becoming pregnant) under the age of 18 did not report a pregnancy incident.

Awards: Last term 92% of young people completing the programmes achieved the Level 1 National Award in Interpersonal Skills.

Teens & Toddlers has successfully run in over 27 Local Authorities.

Find out how vulnerable teens in your Local Authority can benefit from the Teens & Toddlers programme
Call: 0207 089 6180 Email: info@teensandtoddler.org.uk Website www.teensandtoddler.org.uk

Teens & Toddlers: Inspire Young People to Achieve Their Potential

Teens & Toddlers is a programme of COUI (UK): Registered Charity Number 1099782

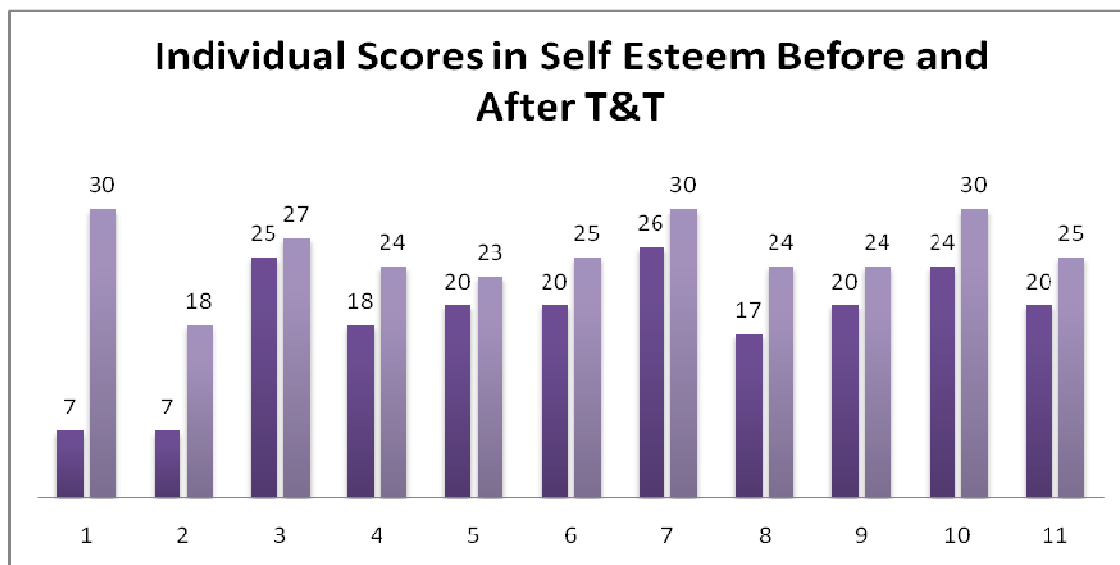
Teens & Toddlers: Short-Term Tracking

What do teenagers think of Teens and Toddlers?

97% enjoyed T&T.
85% said it influenced their decision about the age at which they would like to have children.
88% reported that T&T made a positive difference in their life.
92% felt it would be useful to other teenagers.
88% want to further their education.
93% want to get a good job.
81% feel they see more options in their futures.
93% want to work hard to do the best in school.

Self Esteem

Self-esteem is the emotional aspect of self and generally refers to how we value ourselves. This is an important measure to use as high self esteem is often linked with motivation, academic achievement, personal and social responsibility as well as helping and coping behaviours (Goodson et al 2006). The Rosenberg Scale has now been incorporated into the programme questionnaires. Analysis has revealed a significant increase in Self Esteem overall. The graph below displays individual scores, before and after the programme in Islington (2011). Dark purple indicates the average score per individual before the programme and light purple indicates the average score for the individual after the programme.



COUI UK is proud to be working in partnership with Impetus Trust

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